

Catering for your needs

Our learning modules can be delivered in digital or physical format. They can be delivered as standalone, just-in-time sessions or packaged into a development programme.

Starters and refreshers

90+ minutes
Basics and fundamentals
Overview of content
Quickfire exercises

Workshops

1 to 3 days

New skills and techniques

Interactive exercises

Take-away materials

Programmes

Interventions over 3 to 18

months

Building capability or expertise

Experiential/simulations

Coaching



Building capability: (Some of) what we could offer

The Basics (usually for Managers)

Deeper Dive (usually for Leaders)

Personal Effectiveness (Fundamentals)

Data-based Feedback Managing with impact

Personal Effectiveness (Advanced)

Insights Discovery Personal Brand Development

Decision-making

Communicating with impact

Manager as a coach

Building Emotional Loyalty

Developing Resilience Handling Conflict



Building capability:(more of) what we could offer



Strategic Thinking Enhanced Creativity The Science of Change

Creating High Performing Teams

Accelerating Innovation

Improved Emotional Intelligence





Psychology-based profiling tools









The use of profiling tools is a proven and effective method to enhance EQ, personal impact and more...

There are many similarities between the tools on the market, most of which are based on Jungian psychology.

We are able to use whichever is of interest to you, with our facilitators being accredited in almost all major profiling tools.

Our recommendation would be Insights Discovery, for a number of reasons:

- . The profile is a very user-friendly, easy to grasp and to apply tool
- ii. Insights are always expanding their offer, which will allow for further use of the tools as required.
- iii. We are a Licenced Distributor, which allows us to administer the tool, giving us the speed of turnaround required

